

Yoga Party

Yoga parties are great for sharing time and enjoying the company of loved ones, friends, or co-workers. Everybody can de-stress, relax, get energized, leave refreshed and feeling great! Whether you are gathering a group of friends for a casual get-together or celebrating a special occasion, a private group yoga class can be set up to recognize various special people or events such as:

- Birthday, Mother's Day, Holiday parties
- Girls night out
- Bachelorette parties, Bridal showers
- Family or Class reunions
- Fundraising events
- Clubs looking for a way to celebrate together
- Couples night
- Or just for fun!



What Does a Yoga Party Include?

All yoga parties will include a certified yoga instructor and the ability to customize the class to your liking but we will need to know any special requests at the time of booking. The yoga teacher will guide the guests through a yoga practice. The yoga class can be energetic and vigorous or gentle and restorative, or something in between. The yoga class will be made to suit all levels, even the absolute beginner.

A typical party

- Up to 10 people (max 16 at the studio)
- 2 hours total (60 minutes yoga & 60 minutes party)
- 60-minute private group yoga class
- 60-minutes for party time (You may bring refreshments)
- Exclusive use of the studio space along with yoga mats, yoga props, and music

How it works... Planning your party is easy!

Step 1: Pick your ideal date/time

Step 2: Determine the number of guests

Step 3: Contact the studio to schedule your party

The studio is available for party reservations on Friday, Saturday, or Sundays. Typically the party is at our studio, however, we are happy to discuss the idea of an on-site yoga party for you and your guests. Contact the studio for more information and to schedule.

Fee: \$200 for 2 hours and up to 10 people. \$10 per additional person (limit 16) A booking includes a 60 minute yoga class (for all levels) with a certified instructor, and 60 minutes for party time. Longer classes and party time may be accommodated, subject to availability. An additional fee of \$50 charged in half hour blocks may be added. Payment is due in full to reserve your yoga party.

www.theinfinitystudio.com

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